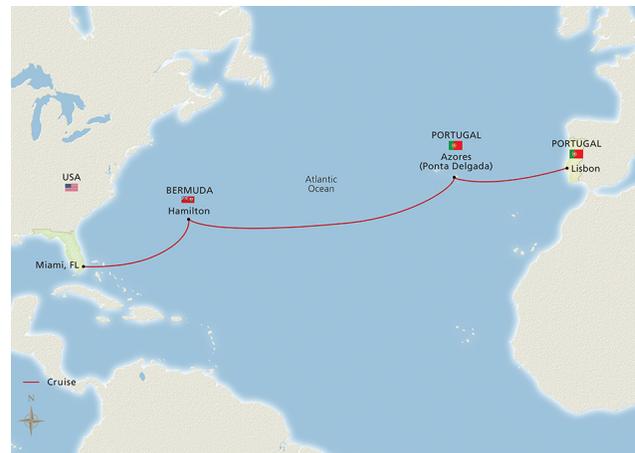


Mid-Atlantic Crossing



Day 1 — Lisbon, Portugal

Arrive in Lisbon, Portugal's historic capital, to embark your ship. Relax and settle in to your well-appointed stateroom and take time to get acquainted with the many ship amenities. Perhaps you will unwind at our Infinity Pool or browse the replicas of Viking artifacts at our onboard Viking Heritage exhibit. Our evening tour is a perfect way to get to know Lisbon, as we offer a *fado* performance with a tapas meal.

Day 2 — Cruise the Atlantic Ocean

As you sail westward into the Atlantic, take advantage of the many amenities of your ship. You might attend an enriching onboard talk to learn about your upcoming ports. Lounge by the Main Pool with its retractable roof and enjoy a cocktail at the Aquavit Bar.

Day 3 — Cruise the Atlantic Ocean

Start your day with a walk around the Promenade Deck; once around measures $\frac{1}{4}$ mile. Later, you might indulge in a manicure or pedicure at The Salon and enjoy a first-run or classic movie in The Theater, popcorn included. Tonight, enjoy an elegant meal in The Restaurant.

Day 4 — Ponta Delgada, Portugal

Call on the capital of the Azores, Ponta Delgada, once a staging post for explorers continuing their voyage to the New World. Today, the cultural center of the island of São Miguel hosts impressive churches and tidy white houses that recall its supporting role in the Age of Discovery. Sample the culinary traditions of the island during your visit as you set out into its rural reaches. Alternately, marvel at Portugal's famed "lake of two colors" or explore Ponta Delgada by tuk-tuk.

Day 5 — Cruise the Atlantic Ocean

Relax to the rhythm of your trans-Atlantic crossing. During your second day at sea, you might indulge in a massage or facial or take a sauna in The Spa. Tonight, try some food and wine pairings at The Chef's Table.

Day 6 — Cruise the Atlantic Ocean

Begin your day with coffee and a real Norwegian waffle at Mamsen's gourmet deli. Later, perhaps you will swim in the Infinity Pool or mingle with newfound friends over tea in the Wintergarden. This evening, enjoy soft piano music in the Living Room or lively jazz in Torshavn.

Day 7 — Cruise the Atlantic Ocean

Perhaps you will get a morning workout at the Fitness Center and soothe your body with a hot sauna and a few minutes amid the refreshingly chilled air of the Snow Grotto. In the evening, enjoy cocktails in the Explorers' Lounge and an authentic Italian meal at Manfredi's Italian Restaurant.

Day 8 — Cruise the Atlantic Ocean

As you approach the Caribbean once again, you might attend an illuminating enrichment lecture about an upcoming destination in The Theater. Relax in The Living Room with a complimentary espresso and a good book from our thoughtfully curated Library.

Day 9 — Bermuda, United Kingdom

You will dock in the heart of Hamilton, the capital and cultural center of the British Territory of Bermuda. Breathtaking pink-sand beaches and a distinct English flavor greet you at every turn as you walk the pastel-hued streets, tour the historic town of St. George, the longest continuously inhabited English settlement in the New World and a UNESCO World Heritage Site, and explore the island's old garrison.

Day 10 — Cruise the Atlantic Ocean

Begin your day with coffee and a real Norwegian waffle at Mamsen's gourmet deli. Later, perhaps you will swim in the Infinity Pool or mingle with newfound friends over tea in the Wintergarden. This evening, enjoy soft piano music in the Living Room or lively jazz in Torshavn.

Day 11 — Cruise the Atlantic Ocean

Today you will trace the coast toward the southern reaches of Florida. As you cruise, you can enjoy a cultural enrichment lecture on board, take a dip in the Infinity Pool or treat yourself to a spa treatment, perhaps a massage or a pedicure.

Day 12 — Miami, United States

Disembark your ship today and depart for home, or extend your stay in Miami and take in the city's lively Cuban-American culture, fresh cuisine and the vibrant art deco architecture of South Beach.

** One shore excursion included per port as indicated (included); all others available at an extra charge. Depending on your stateroom category, shore excursions may be reserved beginning 90 days before your cruise sails. Not all excursions will be available for all sailings. Full details of the excursions available on your specific departure date can be viewed at My Viking Journey once your cruise booking has been made.*